



**Lingholm Himalayan Blue Poppy**  
*Meconopsis 'Lingholm'*

Plant Height: 24 inches

Flower Height: 3 feet

Spread: 12 inches

Spacing: 10 inches

Sunlight: ● ●

Hardiness Zone: 4b

**Description:**

A desirable ornamental plant producing striking, sky-blue flowers in early summer; it prefers cool damp summers, does not tolerate heat well, and prefers bright shade; an incredible visual reward in the woodland garden

**Ornamental Features**

Lingholm Himalayan Blue Poppy features bold sky blue cup-shaped flowers with gold eyes at the ends of the stems from late spring to early summer. Its tomentose narrow leaves remain emerald green in color throughout the season.

**Landscape Attributes**

Lingholm Himalayan Blue Poppy is an herbaceous perennial with an upright spreading habit of growth. Its medium texture blends into the garden, but can always be balanced by a couple of finer or coarser plants for an effective composition.

This is a relatively low maintenance plant, and is best cleaned up in early spring before it resumes active growth for the season. It is a good choice for attracting bees and butterflies to your yard. It has no significant negative characteristics.

Lingholm Himalayan Blue Poppy is recommended for the following landscape applications;

- Accent
- Mass Planting
- General Garden Use
- Container Planting



*Lingholm Himalayan Blue Poppy  
flowers*  
Photo courtesy of NetPS Plant Finder

### Planting & Growing

Lingholm Himalayan Blue Poppy will grow to be about 24 inches tall at maturity extending to 3 feet tall with the flowers, with a spread of 12 inches. When grown in masses or used as a bedding plant, individual plants should be spaced approximately 10 inches apart. It grows at a medium rate, and under ideal conditions can be expected to live for approximately 5 years. As an herbaceous perennial, this plant will usually die back to the crown each winter, and will regrow from the base each spring. Be careful not to disturb the crown in late winter when it may not be readily seen!

This plant does best in partial shade to shade. It does best in average to evenly moist conditions, but will not tolerate standing water. It is not particular as to soil pH, but grows best in rich soils. It is somewhat tolerant of urban pollution. This particular variety is an interspecific hybrid, and parts of it are known to be toxic to humans and animals, so care should be exercised in planting it around children and pets. It can be propagated by division; however, as a cultivated variety, be aware that it may be subject to certain restrictions or prohibitions on propagation.

Lingholm Himalayan Blue Poppy is a fine choice for the garden, but it is also a good selection for planting in outdoor pots and containers. With its upright habit of growth, it is best suited for use as a 'thriller' in the 'spiller-thriller-filler' container combination; plant it near the center of the pot, surrounded by smaller plants and those that spill over the edges. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden.