



**Metis Salmon Flame Cyclamen**  
*Cyclamen 'Metis Salmon Flame'*

Plant Height: 6 inches

Flower Height: 12 inches

Spread: 8 inches

Sunlight: 

Hardiness Zone: 10a

**Description:**

Beautiful, nodding salmon flowers with white edges, rise above interesting green and silver foliage in summer; very round and sturdy habit; excellent for containers and rock gardens; a lovely indoor accent plant

**Features & Attributes**

Metis Salmon Flame Cyclamen features showy lightly-scented nodding salmon recurved flowers with white edges rising above the foliage in mid summer. Its attractive heart-shaped leaves remain bluish-green in color with showy silver variegation throughout the year.

This is an herbaceous evergreen houseplant with tall flower stalks held atop a low mound of foliage. This plant should not require much pruning, except when necessary to keep it looking its best.

**Planting & Growing**

When grown indoors, Metis Salmon Flame Cyclamen can be expected to grow to be only 6 inches tall at maturity extending to 12 inches tall with the flowers, with a spread of 8 inches. It grows at a medium rate, and under ideal conditions can be expected to live for approximately 10 years. This houseplant should be situated in a location that that gets indirect sunlight at most, although it will usually require a more brightly-lit environment than what artificial indoor lighting alone can provide. It does best in average to evenly moist soil, but will not tolerate standing water. The surface of the soil shouldn't be allowed to dry out completely, and so you should expect to water this plant once and possibly even twice each week. Be aware that your particular watering schedule may vary depending on its location in the room, the pot size, plant size and other conditions; if in doubt, ask one of our experts in the store for advice. It is not particular as to soil type or pH; an average potting soil should work just fine.



*Metis Salmon Flame Cyclamen in bloom*  
Photo courtesy of NetPS Plant Finder

There are many factors that will affect the ultimate height, spread and overall performance of a plant when grown indoors; among them, the size of the pot it's growing in, the amount of light it receives, watering frequency, the pruning regimen and repotting schedule. Use the information described here as a guideline only; individual performance can and will vary. Please contact the store to speak with one of our experts if you are interested in further details concerning recommendations on pot size, watering, pruning, repotting, etc.

*-- THIS IS A HOUSEPLANT AND IS NOT MEANT TO SURVIVE THE WINTER OUTDOORS IN OUR CLIMATE --*