

# Stonegate Gardens

339 South Great R

Lincoln, MA, 01773

phone: 781-259-8884

lynne@stonegategardens.com

www.stonegategardens.com

## White Indian Guava



### White Indian Guava

*Psidium guajava* 'White Indian'

Height: 20 feet

Spread: 15 feet

Sunlight:

Hardiness Zone: 9b

Other Names: Indian White Guava

#### Description:

A large evergreen shrub or small tree with a rounded habit and attractive leaves arranged in pairs; white flowers are followed by greenish-white fruit that is juicy and sweet with a pear-guava flavor; considered invasive in some warm climate areas

#### Edible Qualities

White Indian Guava is a large shrub that is commonly grown for its edible qualities, although it does have ornamental merits as well. It produces large creamy white oblong fruit with a chartreuse blush and white flesh which are typically harvested when mature. The fruit will often fade to yellow over time. The fruits have a sweet taste and a soft texture.

The fruit are most often used in the following ways:

- Fresh Eating
- Cooking
- Preserves
- Juice-Making
- Canning



*White Indian Guava*

Photo courtesy of NetPS Plant Finder



*White Indian Guava fruit*

Photo courtesy of NetPS Plant Finder

# Stonegate Gardens

339 South Great R  
Lincoln, MA, 01773  
phone: 781-259-8884

lynne@stonegategardens.com  
www.stonegategardens.com

## White Indian Guava

### Features & Attributes

White Indian Guava is clothed in stunning white pincushion flowers with creamy white anthers along the branches from late winter to mid spring. It has green foliage with grayish green undersides. The textured oval pinnately compound leaves remain green throughout the winter. It features an abundance of magnificent creamy white berries with chartreuse blush from mid summer to mid fall, which fade to yellow over time. The fruit can be messy if allowed to drop on the lawn or walkways, and may require occasional clean-up. The peeling coppery-bronze bark is extremely showy and adds significant winter interest.

This is a multi-stemmed evergreen shrub with a mounded form. Its average texture blends into the landscape, but can be balanced by one or two finer or coarser trees or shrubs for an effective composition. This is a high maintenance plant that will require regular care and upkeep, and is best pruned in late winter once the threat of extreme cold has passed. It is a good choice for attracting birds, bees and butterflies to your yard. Gardeners should be aware of the following characteristic(s) that may warrant special consideration;

- Suckering
- Invasive
- Self-Seeding

Aside from its primary use as an edible, White Indian Guava is suitable for the following landscape applications;

- Mass Planting
- Hedges/Screening
- Naturalizing And Woodland Gardens
- Orchard/Edible Landscaping
- Container Planting

### Planting & Growing

White Indian Guava will grow to be about 20 feet tall at maturity, with a spread of 15 feet. It has a low canopy with a typical clearance of 1 foot from the ground, and is suitable for planting under power lines. It grows at a medium rate, and under ideal conditions can be expected to live for approximately 30 years. This is a self-pollinating variety, so it doesn't require a second plant nearby to set fruit.

This shrub is quite ornamental as well as edible, and is as much at home in a landscape or flower garden as it is in a designated edibles garden. It does best in full sun to partial shade. You may want to keep it away from hot, dry locations that receive direct afternoon sun or which get reflected sunlight, such as against the south side of a white wall. It prefers to grow in average to moist conditions, and shouldn't be allowed to dry out. This plant should not require much in the way of fertilizing once established, although it may appreciate a shot of general-purpose fertilizer from time to time early in the growing season. It is particular about its soil conditions, with a strong preference for rich, acidic soils. It is quite intolerant of urban pollution, therefore inner city or urban streetside plantings are best avoided. Consider applying a thick mulch around the root zone over the growing season to conserve soil moisture. This is a selected variety of a species not originally from North America; however, as a cultivated variety, be aware that it



*White Indian Guava bark*  
Photo courtesy of NetPS Plant Finder