

# Stonegate Gardens

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## Shangri-La Sage



### Shangri-La Sage

*Salvia 'Shangri-La'*

Plant Height: 24 inches

Flower Height: 3 feet

Spread: 3 feet

Spacing: 30 inches

Sunlight: ☉

Hardiness Zone: 5a

Group/Class: Windwalker Collection

#### Description:

A hardy hybrid producing lovely spikes of large, lavender flowers that cloak the plant from spring to summer; attractive to pollinators; a beautiful addition to borders or beds with its wide, sturdy leaves and bushy form; great in beds and borders

#### Ornamental Features

Shangri-La Sage has masses of beautiful spikes of lavender flowers with violet overtones, white eyes and deep purple spots rising above the foliage from late spring to mid summer, which are most effective when planted in groupings. The flowers are excellent for cutting. Its large fragrant oval leaves remain grayish green in color throughout the season. The dark red stems can be quite attractive.

#### Landscape Attributes

Shangri-La Sage is an herbaceous perennial with an upright spreading habit of growth. Its medium texture blends into the garden, but can always be balanced by a couple of finer or coarser plants for an effective composition.

This is a relatively low maintenance plant, and is best cleaned up in early spring before it resumes active growth for the season. It is a good choice for attracting bees and butterflies to your yard, but is not particularly attractive to deer who tend to leave it alone in favor of tastier treats. It has no significant negative characteristics.

Shangri-La Sage is recommended for the following landscape applications;



*Shangri-La Sage flowers*  
Photo courtesy of NetPS Plant Finder



*Shangri-La Sage in bloom*  
Photo courtesy of NetPS Plant Finder

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- Mass Planting
- General Garden Use
- Naturalizing And Woodland Gardens
- Container Planting

### Planting & Growing

Shangri-La Sage will grow to be about 24 inches tall at maturity extending to 3 feet tall with the flowers, with a spread of 3 feet. When grown in masses or used as a bedding plant, individual plants should be spaced approximately 30 inches apart. It grows at a medium rate, and under ideal conditions can be expected to live for approximately 5 years. As an herbaceous perennial, this plant will usually die back to the crown each winter, and will regrow from the base each spring. Be careful not to disturb the crown in late winter when it may not be readily seen!

This plant should only be grown in full sunlight. It is very adaptable to both dry and moist growing conditions, but will not tolerate any standing water. It is considered to be drought-tolerant, and thus makes an ideal choice for a low-water garden or xeriscape application. This plant should not require much in the way of fertilizing once established, although it may appreciate a shot of general-purpose fertilizer from time to time early in the growing season. It is not particular as to soil type or pH. It is somewhat tolerant of urban pollution. This particular variety is an interspecific hybrid. It can be propagated by division; however, as a cultivated variety, be aware that it may be subject to certain restrictions or prohibitions on propagation.

Shangri-La Sage is a fine choice for the garden, but it is also a good selection for planting in outdoor pots and containers. With its upright habit of growth, it is best suited for use as a 'thriller' in the 'spiller-thriller-filler' container combination; plant it near the center of the pot, surrounded by smaller plants and those that spill over the edges. It is even sizeable enough that it can be grown alone in a suitable container. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden.