Stonegate Gardens

Cardamom

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Cardamom Elettaria cardamomum

Height: 12 feet

Spread: 8 feet

Sunlight: 0

Hardiness Zone: (annual)

Other Names: Green Cardamom, True Cardamom

Description:

An attractive, aromatic, herbaceous tropical evergreen in the Ginger family; the seeds are ground to flavor food, and are traded as a spice around the world; does not flower or fruit in semi-tropical or temperate climates; best with some humidity

Planting & Growing

This plant is native to the tropics and prefers growing in moist environments with evenly warm conditions all year round. In our climate, it is usually grown as an outdoor annual in the garden or in a container. If you want it to survive the winter, it can be brought in to the house and provided with special care, and then returned to the garden the following season. In its preferred tropical habitat, it can grow to be around 12 feet tall at maturity, with a spread of 8 feet. However, when grown as an annual or when overwintered indoors, it can be expected to perform differently, and its exact height and spread will depend on many factors; you may wish to consult with our experts as to how it might perform in your specific application and growing conditions.



Cardamom Photo courtesy of NetPS Plant Finder



Cardamom Photo courtesy of NetPS Plant Finder

This plant does best in partial shade to shade. It is quite adaptable, prefering to grow in average to wet conditions, and will even tolerate some standing water. It is not particular as to soil type or pH. It is somewhat tolerant of urban pollution. Consider applying a thick mulch around the root zone in both summer and winter to conserve soil moisture and protect it in exposed locations or colder microclimates. This species is not originally from North America. It can be propagated by division.

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Cardamom is a fine choice for the garden, but it is also a good selection for planting in outdoor pots and containers. Its large size and upright habit of growth lend it for use as a solitary accent, or in a composition surrounded by smaller plants around the base and those that spill over the edges. It is even sizeable enough that it can be grown alone in a suitable container. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden.

-- THIS IS A TROPICAL PLANT AND SHOULD NOT BE EXPECTED TO SURVIVE THE WINTER OUTDOORS IN OUR CLIMATE --