Stonegate Gardens

Shiny Holly Fern

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Shiny Holly Fern Polystichum 'Shiny Holly'

Height: 12 inches

Spread: 18 inches

Spacing: 12 inches

Sunlight: 0

Hardiness Zone: 5b

Other Names: Spiny Holly Fern, Shield Fern

Description:

Dark green, clean, shiny foliage with rigid edges, and coppery-brown scales on emerging fronds; excellent massed or as groundcover in shaded woodland borders or featured in shady areas of rock gardens

Ornamental Features

Shiny Holly Fern is primarily valued in the garden for its cascading habit of growth. Its attractive spiny ferny pinnately compound leaves emerge coppery-bronze in spring, turning forest green in color the rest of the year.

Landscape Attributes

Shiny Holly Fern is an herbaceous evergreen fern with a shapely form and gracefully arching fronds. Its relatively fine texture sets it apart from other garden plants with less refined foliage.

This is a relatively low maintenance plant, and is best cleaned up in early spring before it resumes active growth for the season. Deer don't particularly care for this plant and will usually leave it alone in favor of tastier treats. It has no significant negative characteristics.

Shiny Holly Fern is recommended for the following landscape applications;

- Mass Planting
- Rock/Alpine Gardens
- General Garden Use
- Groundcover
- Naturalizing And Woodland Gardens
- Container Planting



Shiny Holly Fern Photo courtesy of NetPS Plant Finder

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Planting & Growing

Shiny Holly Fern will grow to be about 12 inches tall at maturity, with a spread of 18 inches. When grown in masses or used as a bedding plant, individual plants should be spaced approximately 12 inches apart. Its foliage tends to remain dense right to the ground, not requiring facer plants in front. It grows at a medium rate, and under ideal conditions can be expected to live for approximately 15 years. As an evegreen perennial, this plant will typically keep its form and foliage year-round.

This plant does best in partial shade to shade. It requires an evenly moist well-drained soil for optimal growth, but will die in standing water. It is not particular as to soil pH, but grows best in rich soils. It is somewhat tolerant of urban pollution, and will benefit from being planted in a relatively sheltered location. Consider applying a thick mulch around the root zone over the growing season to conserve soil moisture. This particular variety is an interspecific hybrid, and parts of it are known to be toxic to humans and animals, so care should be exercised in planting it around children and pets. It can be propagated by division; however, as a cultivated variety, be aware that it may be subject to certain restrictions or prohibitions on propagation.

Shiny Holly Fern is a fine choice for the garden, but it is also a good selection for planting in outdoor pots and containers. It is often used as a 'filler' in the 'spiller-thriller-filler' container combination, providing a canvas of foliage against which the thriller plants stand out. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden.