

# Stonegate Gardens

## Sweethearts Larkspur

339 South Great R  
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### Sweethearts Larkspur *Delphinium 'Sweethearts'*

Plant Height: 4 feet

Flower Height: 5 feet

Spread: 3 feet

Spacing: 30 inches

Sunlight: ☉

Hardiness Zone: 2a

Group/Class: New Millennium Series

#### Description:

An impressively tall display of lovely pink flowers on towering spikes with either a shell pink or white bee; good vertical form, dense flower spikes and strong stems; excellent uniformity

#### Ornamental Features

Sweethearts Larkspur features bold spikes of pink flowers with shell pink overtones and white centers rising above the foliage from early to mid summer, which emerge from distinctive purple flower buds. The flowers are excellent for cutting. Its deeply cut lobed leaves remain dark green in color throughout the season.

#### Landscape Attributes

Sweethearts Larkspur is an herbaceous perennial with a rigidly upright and towering form. Its relatively fine texture sets it apart from other garden plants with less refined foliage.

This plant will require occasional maintenance and upkeep, and should be cut back in late fall in preparation for winter. It is a good choice for attracting bees, butterflies and hummingbirds to your yard. Gardeners should be aware of the following characteristic(s) that may warrant special consideration;

- Insects
- Disease

Sweethearts Larkspur is recommended for the following landscape applications;

- Vertical Accent
- Mass Planting
- General Garden Use
- Container Planting



*Sweethearts Larkspur flowers*  
Photo courtesy of NetPS Plant Finder

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### Planting & Growing

Sweethearts Larkspur will grow to be about 4 feet tall at maturity extending to 5 feet tall with the flowers, with a spread of 3 feet. When grown in masses or used as a bedding plant, individual plants should be spaced approximately 30 inches apart. It tends to be leggy, with a typical clearance of 1 foot from the ground, and should be underplanted with lower-growing perennials. The flower stalks can be weak and so it may require staking in exposed sites or excessively rich soils. It grows at a medium rate, and under ideal conditions can be expected to live for approximately 10 years. As an herbaceous perennial, this plant will usually die back to the crown each winter, and will regrow from the base each spring. Be careful not to disturb the crown in late winter when it may not be readily seen!

This plant should only be grown in full sunlight. It prefers to grow in average to moist conditions, and shouldn't be allowed to dry out. It is not particular as to soil type or pH. It is somewhat tolerant of urban pollution. This particular variety is an interspecific hybrid, and parts of it are known to be toxic to humans and animals, so care should be exercised in planting it around children and pets. It can be propagated by division; however, as a cultivated variety, be aware that it may be subject to certain restrictions or prohibitions on propagation.

Sweethearts Larkspur is a fine choice for the garden, but it is also a good selection for planting in outdoor pots and containers. With its upright habit of growth, it is best suited for use as a 'thriller' in the 'spiller-thriller-filler' container combination; plant it near the center of the pot, surrounded by smaller plants and those that spill over the edges. It is even sizeable enough that it can be grown alone in a suitable container. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden.