

## Cliff Beard Tongue

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### Cliff Beard Tongue *Penstemon rupicola*

Plant Height: 2 inches

Flower Height: 6 inches

Spread: 12 inches

Spacing: 8 inches

Sunlight:

Hardiness Zone: 4b

Other Names: Cliff Penstemon, Rock Penstemon, Cliff Beardtongue

#### Description:

A very low growing and mat forming penstemon producing gorgeous pink flowers that rise above gray-green foliage; a beautiful accent for a rock garden, along walkways, or in containers

#### Ornamental Features

Cliff Beard Tongue has masses of beautiful spikes of pink tubular flowers rising above the foliage from early to mid summer, which are most effective when planted in groupings. The flowers are excellent for cutting. Its attractive tiny oval leaves remain grayish green in color throughout the season.

#### Landscape Attributes

Cliff Beard Tongue is an herbaceous perennial with a ground-hugging habit of growth. It brings an extremely fine and delicate texture to the garden composition and should be used to full effect.

This is a relatively low maintenance plant, and is best cleaned up in early spring before it resumes active growth for the season. It is a good choice for attracting butterflies and hummingbirds to your yard. It has no significant negative characteristics.

Cliff Beard Tongue is recommended for the following landscape applications;

- Mass Planting
- Rock/Alpine Gardens
- General Garden Use
- Container Planting



*Cliff Beard Tongue flowers*  
Photo courtesy of NetPS Plant Finder

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### Planting & Growing

Cliff Beard Tongue will grow to be only 2 inches tall at maturity extending to 6 inches tall with the flowers, with a spread of 12 inches. When grown in masses or used as a bedding plant, individual plants should be spaced approximately 8 inches apart. Its foliage tends to remain low and dense right to the ground. It grows at a fast rate, and under ideal conditions can be expected to live for approximately 10 years. As an herbaceous perennial, this plant will usually die back to the crown each winter, and will regrow from the base each spring. Be careful not to disturb the crown in late winter when it may not be readily seen!

This plant does best in full sun to partial shade. It prefers dry to average moisture levels with very well-drained soil, and will often die in standing water. It is considered to be drought-tolerant, and thus makes an ideal choice for a low-water garden or xeriscape application. It is not particular as to soil pH, but grows best in poor soils. It is somewhat tolerant of urban pollution. This species is native to parts of North America. It can be propagated by division.

Cliff Beard Tongue is a fine choice for the garden, but it is also a good selection for planting in outdoor pots and containers. Because of its spreading habit of growth, it is ideally suited for use as a 'spiller' in the 'spiller-thriller-filler' container combination; plant it near the edges where it can spill gracefully over the pot. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden.