

# Lakeshore Garden Centres

## Flame Pro White Garden Phlox

4102 - 11th St. West  
P.O. Box 2A RR3  
Saskatoon, SK, S7K 3J6  
phone: 306-382-2077

info@lakeshoregardencentre.com  
www.lakeshoregardencentre.com



### Flame® Pro White Garden Phlox *Phlox paniculata* 'Flame Pro White'

Height: 16 inches

Spread: 14 inches

Spacing: 12 inches

Sunlight: ☉ ●

Hardiness Zone: 4a

Other Names: Summer Phlox

Group/Class: Flame Pro Series



*Flame Pro White Garden Phlox flowers*  
Photo courtesy of NetPS Plant Finder

#### Description:

Beautiful, fragrant white flowers that bloom prolifically all summer, on a dense compact plant suitable for containers or small perennial borders; great mildew resistance

#### Ornamental Features

Flame Pro White Garden Phlox features bold fragrant conical white star-shaped flowers at the ends of the stems from early summer to early fall. The flowers are excellent for cutting. Its narrow leaves remain green in colour throughout the season.

#### Landscape Attributes

Flame Pro White Garden Phlox is a dense herbaceous perennial with an upright spreading habit of growth. Its medium texture blends into the garden, but can always be balanced by a couple of finer or coarser plants for an effective composition.

This plant will require occasional maintenance and upkeep, and should be cut back in late fall in preparation for winter. It is a good choice for attracting butterflies and hummingbirds to your yard. Gardeners should be aware of the following characteristic(s) that may warrant special consideration;

- Disease

Flame Pro White Garden Phlox is recommended for the following landscape applications;

- Mass Planting
- Border Edging
- General Garden Use
- Container Planting

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### Planting & Growing

Flame Pro White Garden Phlox will grow to be about 14 inches tall at maturity, with a spread of 14 inches. When grown in masses or used as a bedding plant, individual plants should be spaced approximately 12 inches apart. It grows at a medium rate, and under ideal conditions can be expected to live for approximately 10 years. As an herbaceous perennial, this plant will usually die back to the crown each winter, and will regrow from the base each spring. Be careful not to disturb the crown in late winter when it may not be readily seen!

This plant does best in full sun to partial shade. It does best in average to evenly moist conditions, but will not tolerate standing water. This plant should not require much in the way of fertilizing once established, although it may appreciate a shot of general-purpose fertilizer from time to time early in the growing season. It is not particular as to soil type or pH. It is highly tolerant of urban pollution and will even thrive in inner city environments. This is a selection of a native North American species. It can be propagated by division; however, as a cultivated variety, be aware that it may be subject to certain restrictions or prohibitions on propagation.

Flame Pro White Garden Phlox is a fine choice for the garden, but it is also a good selection for planting in outdoor pots and containers. It is often used as a 'filler' in the 'spiller-thriller-filler' container combination, providing a mass of flowers against which the larger thriller plants stand out. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden. Be aware that in our climate, most plants cannot be expected to survive the winter if left in containers outdoors, and this plant is no exception. Contact our experts for more information on how to protect it over the winter months.

This plant is not reliably hardy in our region, and certain restrictions may apply; contact the store for more information.