Lakeshore Garden Centres

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Sugar Love Stevia

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Stevia 'Sugar Love'



Sugar Love Stevia
Photo courtesy of NetPS Plant Finder

Height: 3 feet

Spread: 3 feet

Sunlight: ○ ◐

Hardiness Zone: (annual)

Description:

A sub-tropical, spindly, and many branched plant producing small clusters of tubular white flowers nearly year round; the leaves are not aromatic but possess a natural sweetness when tasted; leaves can be used fresh or dried in salads, baking or teas

Edible Qualities

Sugar Love Stevia is an annual herb that is commonly grown for its edible qualities, although it does have ornamental merits as well. The serrated pointy green leaves can be harvested at any time in the season. The leaves have a sweet taste.

The leaves are most often used in the following ways:

- Fresh Eating
- Eating When Cooked/Prepared
- Baking
- Drying
- Tea

Planting & Growing

Sugar Love Stevia will grow to be about 3 feet tall at maturity, with a spread of 3 feet. It tends to be leggy, with a typical clearance of 1 foot from the ground, and should be underplanted with lower-growing perennials. Although it's not a true annual, this plant can be expected to behave as an annual in our climate if left outdoors over the winter, usually needing replacement the following year. As such, gardeners should take into consideration that it will perform differently than it would in its native habitat.

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This plant can be integrated into a landscape or flower garden by creative gardeners, but is usually grown in a designated herb garden. It does best in full sun to partial shade. It prefers to grow in average to moist conditions, and shouldn't be allowed to dry out. This plant should not require much in the way of fertilizing once established, although it may appreciate a shot of general-purpose fertilizer from time to time early in the growing season. It is particular about its soil conditions, with a strong preference for poor, acidic soils. It is somewhat tolerant of urban pollution. This particular variety is an interspecific hybrid. It can be propagated by division; however, as a cultivated variety, be aware that it may be subject to certain restrictions or prohibitions on propagation.

Sugar Love Stevia is a good choice for the edible garden, but it is also well-suited for use in outdoor pots and containers. With its upright habit of growth, it is best suited for use as a 'thriller' in the 'spiller-thriller-filler' container combination; plant it near the center of the pot, surrounded by smaller plants and those that spill over the edges. It is even sizeable enough that it can be grown alone in a suitable container. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden.