Lakeshore Garden Centres

Mushroom Plant

4102 - 11th St. West
P.O. Box 2A RR3
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Mushroom Plant

Rungia klossii



Mushroom Plant foliage
Photo courtesy of NetPS Plant Finder

Height: 30 inches

Spread: 30 inches

Sunlight: ○ ◐

Hardiness Zone: (annual)

Description:

An interesting, fast growing, bushy herb with mushroom scented foliage; deep green aromatic foliage can be cooked or eaten fresh; mushroom flavor is lighter when uncooked and can be added to salads or sandwiches; pungent mushroom flavor when cooked

Edible Qualities

Mushroom Plant is an annual herb that is typically grown for its edible qualities. The fragrant oval green leaves can be harvested at any time in the season. The leaves have a distinctive taste with a crisp texture and an unusual fragrance.

The leaves are most often used in the following ways:

- Fresh Eating
- Cooking
- Seasoning

Planting & Growing

Mushroom Plant will grow to be about 30 inches tall at maturity, with a spread of 30 inches. Although it's not a true annual, this fast-growing plant can be expected to behave as an annual in our climate if left outdoors over the winter, usually needing replacement the following year. As such, gardeners should take into consideration that it will perform differently than it would in its native habitat.

This plant is typically grown in a designated herb garden. It does best in full sun to partial shade. It prefers to grow in average to moist conditions, and shouldn't be allowed to dry out. This plant does not require much in the way of fertilizing once established. It is not particular as to soil type or pH. It is somewhat tolerant of urban pollution. This species is not originally from North America.

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Mushroom Plant is a good choice for the edible garden, but it is also well-suited for use in outdoor pots and containers. With its upright habit of growth, it is best suited for use as a 'thriller' in the 'spiller-thriller-filler' container combination; plant it near the center of the pot, surrounded by smaller plants and those that spill over the edges. It is even sizeable enough that it can be grown alone in a suitable container. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden.