

Lakeshore Garden Centres

Blue Mist Penstemon

4102 - 11th St. West
P.O. Box 2A RR3
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Blue Mist Penstemon *Penstemon virens 'Blue Mist'*

Height: 10 inches

Spread: 10 inches

Spacing: 8 inches

Sunlight: ☉ ●

Hardiness Zone: 4a

Other Names: Beard Tongue Beardtongue

Description:

A vigorous and attractive native plant with eye-catching lavender-blue flowers rising above rosettes of evergreen foliage in late spring; drought tolerant with low water requirements; great for alpine gardens, border fronts and along walkways



Blue Mist Penstemon flowers
Photo courtesy of NetPS Plant Finder

Ornamental Features

Blue Mist Penstemon has masses of beautiful spikes of sky blue tubular flowers with lavender throats rising above the foliage from late spring to early summer, which are most effective when planted in groupings. The flowers are excellent for cutting. Its narrow leaves remain dark green in colour throughout the year.

Landscape Attributes

Blue Mist Penstemon is an herbaceous evergreen perennial with an upright spreading habit of growth. Its relatively fine texture sets it apart from other garden plants with less refined foliage.

This is a relatively low maintenance plant, and is best cleaned up in early spring before it resumes active growth for the season. It is a good choice for attracting bees, butterflies and hummingbirds to your yard, but is not particularly attractive to deer who tend to leave it alone in favor of tastier treats. Gardeners should be aware of the following characteristic(s) that may warrant special consideration;

- Self-Seeding

Blue Mist Penstemon is recommended for the following landscape applications;

- Mass Planting
- Rock/Alpine Gardens
- Border Edging
- General Garden Use
- Groundcover
- Naturalizing And Woodland Gardens
- Container Planting

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Planting & Growing

Blue Mist Penstemon will grow to be about 8 inches tall at maturity, with a spread of 10 inches. When grown in masses or used as a bedding plant, individual plants should be spaced approximately 8 inches apart. It grows at a fast rate, and under ideal conditions can be expected to live for approximately 10 years. As an evergreen perennial, this plant will typically keep its form and foliage year-round.

This plant does best in full sun to partial shade. It prefers dry to average moisture levels with very well-drained soil, and will often die in standing water. It is considered to be drought-tolerant, and thus makes an ideal choice for a low-water garden or xeriscape application. This plant should not require much in the way of fertilizing once established, although it may appreciate a shot of general-purpose fertilizer from time to time early in the growing season. It is not particular as to soil type or pH. It is highly tolerant of urban pollution and will even thrive in inner city environments. This is a selection of a native North American species.; however, as a cultivated variety, be aware that it may be subject to certain restrictions or prohibitions on propagation.

Blue Mist Penstemon is a fine choice for the garden, but it is also a good selection for planting in outdoor pots and containers. It is often used as a 'filler' in the 'spiller-thriller-filler' container combination, providing a mass of flowers against which the larger thriller plants stand out. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden. Be aware that in our climate, most plants cannot be expected to survive the winter if left in containers outdoors, and this plant is no exception. Contact our experts for more information on how to protect it over the winter months.

This plant is not reliably hardy in our region, and certain restrictions may apply; contact the store for more information.