

Lakeshore Garden Centres

Fronderosa Vegetable Fern

4102 - 11th St. West
P.O. Box 2A RR3
Saskatoon, SK, S7K 3J6
phone: 306-382-2077

info@lakeshoregardencentre.com
www.lakeshoregardencentre.com



Fronderosa Vegetable Fern

Diplazium esculentum 'Fronderosa'

Height: 5 feet

Spread: 5 feet

Sunlight: ●

Hardiness Zone: 8a

Other Names: Paco

Description:

A beautiful tropical fern producing long, graceful fronds that are deep green and glossy; a widely used culinary variety used in salads and cooked dishes; makes a great groundcover or houseplant as well

Ornamental Features

Fronderosa Vegetable Fern's attractive glossy ferny pinnately compound leaves remain dark green in colour throughout the year on a plant with a round habit of growth.

Landscape Attributes

Fronderosa Vegetable Fern is an herbaceous evergreen fern with a more or less rounded form. Its relatively fine texture sets it apart from other garden plants with less refined foliage.

This is a relatively low maintenance plant, and should not require much pruning, except when necessary, such as to remove dieback. It has no significant negative characteristics.

Fronderosa Vegetable Fern is recommended for the following landscape applications;

- Mass Planting
- General Garden Use
- Herb Gardens
- Container Planting

Planting & Growing

Fronderosa Vegetable Fern will grow to be about 5 feet tall at maturity, with a spread of 5 feet. It has a low canopy with a typical clearance of 1 foot from the ground. It grows at a medium rate, and under ideal conditions can be expected to live for approximately 20 years. As an evergreen perennial, this plant will typically keep its form and foliage year-round.



Fronderosa Vegetable Fern foliage
Photo courtesy of NetPS Plant Finder

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This plant should be grown in a location with partial shade or which is shaded from the hot afternoon sun. It prefers to grow in average to moist conditions, and shouldn't be allowed to dry out. It is not particular as to soil pH, but grows best in rich soils. It is somewhat tolerant of urban pollution. This is a selected variety of a species not originally from North America. It can be propagated by division; however, as a cultivated variety, be aware that it may be subject to certain restrictions or prohibitions on propagation.

Fronderosa Vegetable Fern is a fine choice for the garden, but it is also a good selection for planting in outdoor pots and containers. Because of its height, it is often used as a 'thriller' in the 'spiller-thriller-filler' container combination; plant it near the center of the pot, surrounded by smaller plants and those that spill over the edges. It is even sizeable enough that it can be grown alone in a suitable container. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden. Be aware that in our climate, most plants cannot be expected to survive the winter if left in containers outdoors, and this plant is no exception. Contact our experts for more information on how to protect it over the winter months.

This plant is not reliably hardy in our region, and certain restrictions may apply; contact the store for more information.