

# Lakeshore Garden Centres

## Valley High Variegated Catchfly

4102 - 11th St. West  
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### Valley High Variegated Catchfly

*Silene dioica* 'Valley High'

Plant Height: 10 inches

Flower Height: 14 inches

Spread: 12 inches

Spacing: 10 inches

Sunlight:

Hardiness Zone: 4a

Other Names: Morning Campion

#### Description:

A lovely and interesting catchfly, one of the most spectacular variegated varieties; it prefers bright shade and is great for under canopy groundcover; bright rose pink flowers rise above highly contrasting foliage in late spring

#### Ornamental Features

Valley High Variegated Catchfly features dainty rose star-shaped flowers at the ends of the stems from late spring to early summer. Its attractive oval leaves remain dark green in colour with distinctive creamy white edges throughout the year.

#### Landscape Attributes

Valley High Variegated Catchfly is an herbaceous evergreen perennial with a ground-hugging habit of growth. It brings an extremely fine and delicate texture to the garden composition and should be used to full effect.

This is a relatively low maintenance plant, and is best cleaned up in early spring before it resumes active growth for the season. It has no significant negative characteristics.

Valley High Variegated Catchfly is recommended for the following landscape applications;



*Valley High Variegated Catchfly  
flowers*

*Photo courtesy of NetPS Plant Finder*



*Valley High Variegated Catchfly in bloom*

*Photo courtesy of NetPS Plant Finder*

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- Mass Planting
  - Rock/Alpine Gardens
  - Border Edging
  - General Garden Use
  - Naturalizing And Woodland Gardens
  - Container Planting

### Planting & Growing

Valley High Variegated Catchfly will grow to be about 10 inches tall at maturity extending to 14 inches tall with the flowers, with a spread of 12 inches. When grown in masses or used as a bedding plant, individual plants should be spaced approximately 10 inches apart. Its foliage tends to remain low and dense right to the ground. It grows at a slow rate, and under ideal conditions can be expected to live for approximately 5 years. As an evergreen perennial, this plant will typically keep its form and foliage year-round.

This plant does best in full sun to partial shade. It is very adaptable to both dry and moist growing conditions, but will not tolerate any standing water. It is considered to be drought-tolerant, and thus makes an ideal choice for a low-water garden or xeriscape application. It is not particular as to soil type or pH. It is somewhat tolerant of urban pollution. This is a selected variety of a species not originally from North America. It can be propagated by division; however, as a cultivated variety, be aware that it may be subject to certain restrictions or prohibitions on propagation.

Valley High Variegated Catchfly is a fine choice for the garden, but it is also a good selection for planting in outdoor pots and containers. Because of its spreading habit of growth, it is ideally suited for use as a 'spiller' in the 'spiller-thriller-filler' container combination; plant it near the edges where it can spill gracefully over the pot. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden. Be aware that in our climate, most plants cannot be expected to survive the winter if left in containers outdoors, and this plant is no exception. Contact our experts for more information on how to protect it over the winter months.

This plant is not reliably hardy in our region, and certain restrictions may apply; contact the store for more information.