

# Lakeshore Garden Centres

4102 - 11th St. West  
P.O. Box 2A RR3  
Saskatoon, SK, S7K 3J6  
phone: 306-382-2077

## Cara Mia Spicy Coneflower

info@lakeshoregardencentre.com  
www.lakeshoregardencentre.com



### Cara Mia™ Spicy Coneflower *Echinacea 'Cara Mia Spicy'*

Plant Height: 20 inches

Flower Height: 30 inches

Spread: 24 inches

Sunlight: ☉

Hardiness Zone: 4a

Group/Class: Cara Mia Series

#### Description:

This stunning echinacea produces attractive scarlet and orange double flowers with pink highlights; a perfect choice for planting in groups, along border edges, or in containers; flowers come early and keep coming until frost; attracts pollinators

#### Ornamental Features

Cara Mia Spicy Coneflower has masses of beautiful lightly-scented scarlet daisy flowers with orange overtones and pink streaks at the ends of the stems from early summer to mid fall, which are most effective when planted in groupings. The flowers are excellent for cutting. Its pointy leaves remain green in colour throughout the season.

#### Landscape Attributes

Cara Mia Spicy Coneflower is an herbaceous perennial with an upright spreading habit of growth. Its medium texture blends into the garden, but can always be balanced by a couple of finer or coarser plants for an effective composition.

This is a relatively low maintenance plant, and is best cleaned up in early spring before it resumes active growth for the season. It is a good choice for attracting birds, bees and butterflies to your yard, but is not particularly attractive to deer who tend to leave it alone in favor of tastier treats. It has no significant negative characteristics.

Cara Mia Spicy Coneflower is recommended for the following landscape applications;

- Mass Planting
- General Garden Use
- Container Planting



*Cara Mia Spicy Coneflower flowers*  
Photo courtesy of NetPS Plant Finder

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### Planting & Growing

Cara Mia Spicy Coneflower will grow to be about 20 inches tall at maturity extending to 30 inches tall with the flowers, with a spread of 24 inches. It grows at a medium rate, and under ideal conditions can be expected to live for approximately 10 years. As an herbaceous perennial, this plant will usually die back to the crown each winter, and will regrow from the base each spring. Be careful not to disturb the crown in late winter when it may not be readily seen!

This plant should only be grown in full sunlight. It is very adaptable to both dry and moist locations, and should do just fine under typical garden conditions. It is considered to be drought-tolerant, and thus makes an ideal choice for a low-water garden or xeriscape application. To help this plant achieve its best flowering performance, periodically apply a flower-boosting fertilizer from early spring through into the active growing season. It is not particular as to soil type or pH. It is highly tolerant of urban pollution and will even thrive in inner city environments. This particular variety is an interspecific hybrid. It can be propagated by division; however, as a cultivated variety, be aware that it may be subject to certain restrictions or prohibitions on propagation.

Cara Mia Spicy Coneflower is a fine choice for the garden, but it is also a good selection for planting in outdoor pots and containers. With its upright habit of growth, it is best suited for use as a 'thriller' in the 'spiller-thriller-filler' container combination; plant it near the center of the pot, surrounded by smaller plants and those that spill over the edges. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden. Be aware that in our climate, most plants cannot be expected to survive the winter if left in containers outdoors, and this plant is no exception. Contact our experts for more information on how to protect it over the winter months.

This plant is not reliably hardy in our region, and certain restrictions may apply; contact the store for more information.