

# Lakeshore Garden Centres

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## Sunspot Sunflower



### Sunspot Sunflower

*Helianthus annuus 'Sunspot'*

Height: 3 feet

Spread: 12 inches

Spacing: 12 inches

Sunlight: ☉

Hardiness Zone: (annual)

#### Description:

A wonderful dwarf variety presenting large, 10" blooms on short stalks; a lovely addition to cutting gardens, flower beds or containers; attracts pollinators to the garden; low maintenance and easy to grow

#### Ornamental Features

Sunspot Sunflower has masses of beautiful yellow daisy flowers with gold eyes at the ends of the stems from mid summer to mid fall, which are most effective when planted in groupings. The flowers are excellent for cutting. Its pointy leaves remain dark green in colour throughout the season.

#### Landscape Attributes

Sunspot Sunflower is an herbaceous annual with an upright spreading habit of growth. Its medium texture blends into the garden, but can always be balanced by a couple of finer or coarser plants for an effective composition.

This is a relatively low maintenance plant. Trim off the flower heads after they fade and die to encourage more blooms late into the season. It is a good choice for attracting birds, bees and squirrels to your yard. It has no significant negative characteristics.

Sunspot Sunflower is recommended for the following landscape applications;

- Accent
- Mass Planting
- General Garden Use
- Container Planting



*Sunspot Sunflower in bloom*  
Photo courtesy of NetPS Plant Finder

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### Planting & Growing

Sunspot Sunflower will grow to be about 3 feet tall at maturity, with a spread of 12 inches. When grown in masses or used as a bedding plant, individual plants should be spaced approximately 12 inches apart. This fast-growing annual will normally live for one full growing season, needing replacement the following year.

This plant should only be grown in full sunlight. It does best in average to evenly moist conditions, but will not tolerate standing water. This plant should not require much in the way of fertilizing once established, although it may appreciate a shot of general-purpose fertilizer from time to time early in the growing season. It is not particular as to soil type or pH. It is highly tolerant of urban pollution and will even thrive in inner city environments. This is a selection of a native North American species.

Sunspot Sunflower is a fine choice for the garden, but it is also a good selection for planting in outdoor pots and containers. With its upright habit of growth, it is best suited for use as a 'thriller' in the 'spiller-thriller-filler' container combination; plant it near the center of the pot, surrounded by smaller plants and those that spill over the edges. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden.