

# Lakeshore Garden Centres

4102 - 11th St. West  
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## Ballet Rose Rhapsody Sage

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### Ballet™ Rose Rhapsody Sage

*Salvia pratensis* 'Rose Rhapsody'

Height: 18 inches

Spread: 20 inches

Spacing: 16 inches

Sunlight: ☉

Hardiness Zone: 3a

Other Names: Meadow Clary, Meadow Sage

Group/Class: Ballet Series

#### Description:

This easy to grow variety is best in full sun but will tolerate some shade; lovely pink flowers from deep rose buds, dance above light green basal foliage from spring through fall; forms a lush mound of foliage that is perfect along borders

#### Ornamental Features

Ballet Rose Rhapsody Sage has masses of beautiful spikes of pink flowers rising above the foliage from late spring to early fall, which emerge from distinctive rose flower buds, and which are most effective when planted in groupings. The flowers are excellent for cutting. Its attractive fragrant narrow leaves remain grayish green in colour throughout the season.

#### Landscape Attributes

Ballet Rose Rhapsody Sage is an herbaceous perennial with an upright spreading habit of growth. Its relatively fine texture sets it apart from other garden plants with less refined foliage.

This is a relatively low maintenance plant. Trim off the flower heads after they fade and die to encourage more blooms late into the season. It is a good choice for attracting butterflies and hummingbirds to your yard, but is not particularly attractive to deer who tend to leave it alone in favor of tastier treats. It has no significant negative characteristics.

Ballet Rose Rhapsody Sage is recommended for the following landscape applications;

- Mass Planting
- Border Edging
- General Garden Use
- Container Planting



*Ballet Rose Rhapsody Sage in bloom*  
Photo courtesy of NetPS Plant Finder

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### Planting & Growing

Ballet Rose Rhapsody Sage will grow to be about 14 inches tall at maturity, with a spread of 20 inches. When grown in masses or used as a bedding plant, individual plants should be spaced approximately 16 inches apart. It grows at a medium rate, and under ideal conditions can be expected to live for approximately 5 years. As an herbaceous perennial, this plant will usually die back to the crown each winter, and will regrow from the base each spring. Be careful not to disturb the crown in late winter when it may not be readily seen!

This plant should only be grown in full sunlight. It is very adaptable to both dry and moist locations, and should do just fine under typical garden conditions. It is not particular as to soil type or pH. It is somewhat tolerant of urban pollution. This is a selected variety of a species not originally from North America. It can be propagated by division; however, as a cultivated variety, be aware that it may be subject to certain restrictions or prohibitions on propagation.

Ballet Rose Rhapsody Sage is a fine choice for the garden, but it is also a good selection for planting in outdoor pots and containers. It is often used as a 'filler' in the 'spiller-thriller-filler' container combination, providing a mass of flowers and foliage against which the larger thriller plants stand out. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden. Be aware that in our climate, most plants cannot be expected to survive the winter if left in containers outdoors, and this plant is no exception. Contact our experts for more information on how to protect it over the winter months.