

# Lakeshore Garden Centres

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## White Profusion Meadow Sage



### White Profusion Meadow Sage

*Salvia nemorosa* 'White Profusion'

Height: 20 inches

Spread: 20 inches

Spacing: 16 inches

Sunlight: ☉

Hardiness Zone: 3a

Other Names: Perennial Salvia

#### Description:

A bushy variety with a perfectly rounded, dense habit; stunning spikes of fragrant white flowers re-bloom throughout the summer; somewhat drought tolerant; excellent for the sunny border or containers

#### Ornamental Features

White Profusion Meadow Sage has masses of beautiful spikes of lightly-scented white flowers rising above the foliage from late spring to late summer, which are most effective when planted in groupings. The flowers are excellent for cutting. Its fragrant narrow leaves remain grayish green in colour throughout the season.

#### Landscape Attributes

White Profusion Meadow Sage is an herbaceous perennial with an upright spreading habit of growth. Its relatively fine texture sets it apart from other garden plants with less refined foliage.

This is a relatively low maintenance plant, and is best cleaned up in early spring before it resumes active growth for the season. It is a good choice for attracting bees, butterflies and hummingbirds to your yard, but is not particularly attractive to deer who tend to leave it alone in favor of tastier treats. It has no significant negative characteristics.

White Profusion Meadow Sage is recommended for the following landscape applications;



*White Profusion Meadow Sage  
flowers*

*Photo courtesy of NetPS Plant Finder*



*White Profusion Meadow Sage in bloom*

*Photo courtesy of NetPS Plant Finder*

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- Mass Planting
- Border Edging
- General Garden Use
- Container Planting

### Planting & Growing

White Profusion Meadow Sage will grow to be about 16 inches tall at maturity, with a spread of 20 inches. When grown in masses or used as a bedding plant, individual plants should be spaced approximately 16 inches apart. It grows at a medium rate, and under ideal conditions can be expected to live for approximately 5 years. As an herbaceous perennial, this plant will usually die back to the crown each winter, and will regrow from the base each spring. Be careful not to disturb the crown in late winter when it may not be readily seen!

This plant should only be grown in full sunlight. It is very adaptable to both dry and moist locations, and should do just fine under typical garden conditions. It is not particular as to soil type or pH, and is able to handle environmental salt. It is somewhat tolerant of urban pollution. This is a selected variety of a species not originally from North America. It can be propagated by division; however, as a cultivated variety, be aware that it may be subject to certain restrictions or prohibitions on propagation.

White Profusion Meadow Sage is a fine choice for the garden, but it is also a good selection for planting in outdoor pots and containers. With its upright habit of growth, it is best suited for use as a 'thriller' in the 'spiller-thriller-filler' container combination; plant it near the center of the pot, surrounded by smaller plants and those that spill over the edges. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden. Be aware that in our climate, most plants cannot be expected to survive the winter if left in containers outdoors, and this plant is no exception. Contact our experts for more information on how to protect it over the winter months.