

# Lakeshore Garden Centres

## Southern Shield Fern

4102 - 11th St. West

P.O. Box 2A RR3

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### Southern Shield Fern

*Thelypteris kunthii*

Height: 3 feet

Spread: 20 inches

Spacing: 12 inches

Sunlight: ● ●

Hardiness Zone: 7a

Other Names: Kunth's Maiden Fern, Wood Fern, River Fern

#### Description:

A gracefully arching native fern that naturalizes well in wet or boggy areas, and can be used in a garden setting as long as the soil is moist; adds beautiful texture to a shade garden; spreads by rhizomes and often grows into large colonies

#### Ornamental Features

Southern Shield Fern is primarily valued in the garden for its cascading habit of growth. Its ferny pinnately compound leaves are forest green in colour. The foliage often turns harvest gold in fall.

#### Landscape Attributes

Southern Shield Fern is an herbaceous fern with a shapely form and gracefully arching fronds. It brings an extremely fine and delicate texture to the garden composition and should be used to full effect.

This plant will require occasional maintenance and upkeep, and should be cut back in late fall in preparation for winter. Gardeners should be aware of the following characteristic(s) that may warrant special consideration;

- Spreading

Southern Shield Fern is recommended for the following landscape applications;



Southern Shield Fern  
Photo courtesy of NetPS Plant Finder



Southern Shield Fern foliage  
Photo courtesy of NetPS Plant Finder

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- Mass Planting
  - General Garden Use
  - Naturalizing And Woodland Gardens
  - Container Planting
  - Bog Gardens

### Planting & Growing

Southern Shield Fern will grow to be about 3 feet tall at maturity, with a spread of 20 inches. When grown in masses or used as a bedding plant, individual plants should be spaced approximately 12 inches apart. It grows at a medium rate, and under ideal conditions can be expected to live for approximately 8 years. As an herbaceous perennial, this plant will usually die back to the crown each winter, and will regrow from the base each spring. Be careful not to disturb the crown in late winter when it may not be readily seen!

This plant does best in partial shade to shade. It is quite adaptable, preferring to grow in average to wet conditions, and will even tolerate some standing water. It is not particular as to soil pH, but grows best in rich soils. It is somewhat tolerant of urban pollution. This species is native to parts of North America. It can be propagated by division.

Southern Shield Fern is a fine choice for the garden, but it is also a good selection for planting in outdoor pots and containers. Because of its height, it is often used as a 'thriller' in the 'spiller-thriller-filler' container combination; plant it near the center of the pot, surrounded by smaller plants and those that spill over the edges. It is even sizeable enough that it can be grown alone in a suitable container. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden. Be aware that in our climate, most plants cannot be expected to survive the winter if left in containers outdoors, and this plant is no exception. Contact our experts for more information on how to protect it over the winter months.

This plant is not reliably hardy in our region, and certain restrictions may apply; contact the store for more information.