

# Lakeshore Garden Centres

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## Pagoda Self Heal



### Pagoda Self Heal

*Prunella grandiflora* 'Pagoda'

Height: 9 inches

Spread: 16 inches

Spacing: 14 inches

Sunlight:

Hardiness Zone: 4a

Other Names: Pagoda Mix, Self-Heal, Selfheal

#### Description:

A floriferous variety producing clusters of stunning flowers in shades of violet, blue, and white, that continues until fall; excellent as a groundcover, edging, or container planting; deadhead to promote reblooming; tolerates a wide range of soils



*Pagoda Self Heal flowers*  
Photo courtesy of NetPS Plant Finder

#### Ornamental Features

Pagoda Self Heal features showy clusters of violet hooded flowers with blue overtones at the ends of the stems from late spring to mid fall. Its tomentose oval leaves remain dark green in colour throughout the season.

#### Landscape Attributes

Pagoda Self Heal is an herbaceous perennial with an upright spreading habit of growth. Its relatively fine texture sets it apart from other garden plants with less refined foliage.

This is a relatively low maintenance plant, and should be cut back in late fall in preparation for winter. It is a good choice for attracting butterflies to your yard, but is not particularly attractive to deer who tend to leave it alone in favor of tastier treats. It has no significant negative characteristics.

Pagoda Self Heal is recommended for the following landscape applications;

- Mass Planting
- Border Edging
- General Garden Use
- Groundcover
- Container Planting

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### Planting & Growing

Pagoda Self Heal will grow to be about 7 inches tall at maturity, with a spread of 16 inches. When grown in masses or used as a bedding plant, individual plants should be spaced approximately 14 inches apart. It grows at a fast rate, and under ideal conditions can be expected to live for approximately 5 years. As an herbaceous perennial, this plant will usually die back to the crown each winter, and will regrow from the base each spring. Be careful not to disturb the crown in late winter when it may not be readily seen!

This plant does best in full sun to partial shade. It is very adaptable to both dry and moist locations, and should do just fine under typical garden conditions. It is not particular as to soil type or pH. It is highly tolerant of urban pollution and will even thrive in inner city environments. This is a selected variety of a species not originally from North America.

Pagoda Self Heal is a fine choice for the garden, but it is also a good selection for planting in outdoor pots and containers. It is often used as a 'filler' in the 'spiller-thriller-filler' container combination, providing a mass of flowers against which the larger thriller plants stand out. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden. Be aware that in our climate, most plants cannot be expected to survive the winter if left in containers outdoors, and this plant is no exception. Contact our experts for more information on how to protect it over the winter months.

This plant is not reliably hardy in our region, and certain restrictions may apply; contact the store for more information.