

# Lakeshore Garden Centres

4102 - 11th St. West  
P.O. Box 2A RR3  
Saskatoon, SK, S7K 3J6  
phone: 306-382-2077

info@lakeshoregardencentre.com  
www.lakeshoregardencentre.com

## Florida Betony



### Florida Betony

*Stachys floridana*

Plant Height: 12 inches

Flower Height: 18 inches

Spread: 24 inches

Spacing: 18 inches

Sunlight:

Hardiness Zone: (annual)

Other Names: Hedgenettle, Rattlesnake Weed

#### Description:

This Florida native is valued for its attractive floral display; tall spikes covered with violet-lavender tubular blooms; great as a garden accent, groundcover, or in the front of borders; needs some shade in southern climates; a vigorous spreader

#### Ornamental Features

Florida Betony has masses of beautiful spikes of violet tubular flowers with lavender overtones rising above the foliage from mid spring to mid fall, which are most effective when planted in groupings. Its serrated narrow leaves remain green in colour throughout the season.

#### Landscape Attributes

Florida Betony is a dense herbaceous annual with tall flower stalks held atop a low mound of foliage. Its medium texture blends into the garden, but can always be balanced by a couple of finer or coarser plants for an effective composition.

This plant will require occasional maintenance and upkeep, and is best cleaned up in early spring before it resumes active growth for the season. It is a good choice for attracting bees to your yard, but is not particularly attractive to deer who tend to leave it alone in favor of tastier treats. Gardeners should be aware of the following characteristic(s) that may warrant special consideration;

- Spreading

Florida Betony is recommended for the following landscape applications;

- Mass Planting
- Border Edging
- General Garden Use
- Groundcover
- Container Planting



*Florida Betony flowers*  
Photo courtesy of NetPS Plant Finder

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### Planting & Growing

Florida Betony will grow to be about 12 inches tall at maturity extending to 18 inches tall with the flowers, with a spread of 24 inches. When grown in masses or used as a bedding plant, individual plants should be spaced approximately 18 inches apart. Although it's not a true annual, this plant can be expected to behave as an annual in our climate if left outdoors over the winter, usually needing replacement the following year. As such, gardeners should take into consideration that it will perform differently than it would in its native habitat.

This plant does best in full sun to partial shade. It does best in average to evenly moist conditions, but will not tolerate standing water. It is not particular as to soil type or pH. It is somewhat tolerant of urban pollution. This species is native to parts of North America. It can be propagated by division.

Florida Betony is a fine choice for the garden, but it is also a good selection for planting in outdoor pots and containers. It is often used as a 'filler' in the 'spiller-thriller-filler' container combination, providing a mass of flowers against which the larger thriller plants stand out. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden.