

# Lakeshore Garden Centres

4102 - 11th St. West  
P.O. Box 2A RR3  
Saskatoon, SK, S7K 3J6  
phone: 306-382-2077

info@lakeshoregardencentre.com  
www.lakeshoregardencentre.com

## Sea Kale



### Sea Kale

*Crambe maritima*

Height: 24 inches

Spread: 24 inches

Sunlight: ○ ●

Hardiness Zone: 5a

Other Names: Sea Cabbage, Sea Colwort

### Description:

A striking plant with large blue-green leaves that are deeply lobed and crinkled; clusters of tiny white flowers above the foliage in early to mid-summer; great for a large border; not easily divided but seedlings may appear at base

### Ornamental Features

Sea Kale is bathed in stunning racemes of lightly-scented white star-shaped flowers held atop the stems from early to mid summer. Its crinkled lobed leaves emerge burgundy in spring, turning bluish-green in colour throughout the season.

### Landscape Attributes

Sea Kale is an herbaceous perennial with a mounded form. Its relatively coarse texture can be used to stand it apart from other garden plants with finer foliage.

This plant will require occasional maintenance and upkeep, and should be cut back in late fall in preparation for winter. It is a good choice for attracting bees and butterflies to your yard. Gardeners should be aware of the following characteristic(s) that may warrant special consideration;

- Self-Seeding

Sea Kale is recommended for the following landscape applications;



*Sea Kale in bloom*  
Photo courtesy of NetPS Plant Finder



*Sea Kale flowers*  
Photo courtesy of NetPS Plant Finder

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## Sea Kale

- Accent
- Mass Planting
- General Garden Use
- Container Planting

### Planting & Growing

Sea Kale will grow to be about 24 inches tall at maturity, with a spread of 24 inches. Its foliage tends to remain dense right to the ground, not requiring facer plants in front. It grows at a fast rate, and under ideal conditions can be expected to live for approximately 10 years. As an herbaceous perennial, this plant will usually die back to the crown each winter, and will regrow from the base each spring. Be careful not to disturb the crown in late winter when it may not be readily seen!

This plant does best in full sun to partial shade. It does best in average to evenly moist conditions, but will not tolerate standing water. It is not particular as to soil type or pH. It is somewhat tolerant of urban pollution, and will benefit from being planted in a relatively sheltered location. This species is not originally from North America.

Sea Kale is a fine choice for the garden, but it is also a good selection for planting in outdoor pots and containers. It can be used either as 'filler' or as a 'thriller' in the 'spiller-thriller-filler' container combination, depending on the height and form of the other plants used in the container planting. It is even sizeable enough that it can be grown alone in a suitable container. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden. Be aware that in our climate, most plants cannot be expected to survive the winter if left in containers outdoors, and this plant is no exception. Contact our experts for more information on how to protect it over the winter months.

This plant is not reliably hardy in our region, and certain restrictions may apply; contact the store for more information.



Sea Kale  
Photo courtesy of NetPS Plant Finder