



**Ballerina Hellebore**  
*Helleborus 'Ballerina'*

Plant Height: 18 inches

Flower Height: 24 inches

Spread: 24 inches

Spacing: 18 inches

Sunlight:

Hardiness Zone: 4a

Other Names: Lenten Rose, Winter Rose; Regal Ruffles

Group/Class: Ballerina Strain

**Description:**

This double strain offers every flower color imaginable with picotees, splashed forms with rich deep colors; because this is a strain, not all flowers will turn out double; a gorgeous colorful selection for the garden, walkways, or containers

**Ornamental Features**

Ballerina Hellebore features showy nodding creamy white cup-shaped flowers with violet overtones, chartreuse eyes and a burgundy blotch at the ends of the stems from late winter to early spring. Its glossy oval compound leaves remain green in color throughout the year.

**Landscape Attributes**

Ballerina Hellebore is an herbaceous evergreen perennial with an upright spreading habit of growth. Its medium texture blends into the garden, but can always be balanced by a couple of finer or coarser plants for an effective composition.

This is a relatively low maintenance plant, and should be cut back in late fall in preparation for winter. Deer don't particularly care for this plant and will usually leave it alone in favor of tastier treats. It has no significant negative characteristics.

Ballerina Hellebore is recommended for the following landscape applications;



*Ballerina Hellebore flowers*  
Photo courtesy of NetPS Plant Finder

- Mass Planting
- Rock/Alpine Gardens
- Border Edging
- General Garden Use
- Naturalizing And Woodland Gardens

### **Planting & Growing**

Ballerina Hellebore will grow to be about 18 inches tall at maturity extending to 24 inches tall with the flowers, with a spread of 24 inches. When grown in masses or used as a bedding plant, individual plants should be spaced approximately 18 inches apart. Its foliage tends to remain dense right to the ground, not requiring facer plants in front. It grows at a medium rate, and under ideal conditions can be expected to live for approximately 5 years. As an evergreen perennial, this plant will typically keep its form and foliage year-round.

This plant does best in partial shade to shade. It does best in average to evenly moist conditions, but will not tolerate standing water. It is not particular as to soil pH, but grows best in rich soils. It is somewhat tolerant of urban pollution, and will benefit from being planted in a relatively sheltered location. This particular variety is an interspecific hybrid, and parts of it are known to be toxic to humans and animals, so care should be exercised in planting it around children and pets. It can be propagated by division; however, as a cultivated variety, be aware that it may be subject to certain restrictions or prohibitions on propagation.