



**Hot Flash Hellebore**  
*Helleborus 'Hot Flash'*

Height: 14 inches

Spread: 24 inches

Spacing: 20 inches

Sunlight: ● ●

Hardiness Zone: 4a

Other Names: Lenten Rose, Winter Rose

**Description:**

This attractive variety produces bushy mounds of deeply serrated, silver veined leaves; flower stalks, held above the foliage bear long blooming, cup shaped, dusky pink and plum blooms with green highlights; a great selection for shade gardens



*Hot Flash Hellebore flowers*  
Photo courtesy of NetPS Plant Finder

**Ornamental Features**

Hot Flash Hellebore features showy nodding rose cup-shaped flowers with plum purple overtones and lime green streaks at the ends of the stems from mid winter to mid spring. Its attractive serrated pointy compound leaves remain bluish-green in color with distinctive silver veins throughout the year. The burgundy stems can be quite attractive.

**Landscape Attributes**

Hot Flash Hellebore is an herbaceous evergreen perennial with an upright spreading habit of growth. Its medium texture blends into the garden, but can always be balanced by a couple of finer or coarser plants for an effective composition.

This is a relatively low maintenance plant, and should be cut back in late fall in preparation for winter. Deer don't particularly care for this plant and will usually leave it alone in favor of tastier treats. It has no significant negative characteristics.

Hot Flash Hellebore is recommended for the following landscape applications;

- Mass Planting
- Rock/Alpine Gardens
- Border Edging
- General Garden Use
- Naturalizing And Woodland Gardens

### **Planting & Growing**

Hot Flash Hellebore will grow to be about 12 inches tall at maturity, with a spread of 24 inches. When grown in masses or used as a bedding plant, individual plants should be spaced approximately 20 inches apart. Its foliage tends to remain dense right to the ground, not requiring facer plants in front. It grows at a medium rate, and under ideal conditions can be expected to live for approximately 5 years. As an evergreen perennial, this plant will typically keep its form and foliage year-round.

This plant does best in partial shade to shade. It does best in average to evenly moist conditions, but will not tolerate standing water. It is not particular as to soil pH, but grows best in rich soils. It is somewhat tolerant of urban pollution, and will benefit from being planted in a relatively sheltered location. This particular variety is an interspecific hybrid, and parts of it are known to be toxic to humans and animals, so care should be exercised in planting it around children and pets. It can be propagated by division; however, as a cultivated variety, be aware that it may be subject to certain restrictions or prohibitions on propagation.