

## Jessica's Sweet Pear Mint



### Jessica's Sweet Pear Mint

*Mentha 'Jessica's Sweet Pear'*

Height: 20 inches

Spread: 24 inches

Sunlight:

Hardiness Zone: (annual)

#### Description:

An extraordinary mint with bright green leaves and an interesting sweet pear fragrance; adds a fruity twist to desserts, cocktails and teas; best grown in containers to control spreading

#### Edible Qualities

Jessica's Sweet Pear Mint is an annual herb that is typically grown for its edible qualities, although it does have ornamental merits as well. The fragrant pointy green leaves can be harvested at any time in the season. The leaves have a pleasant taste and a pleasant fragrance.

The leaves are most often used in the following ways:

- Eating When Cooked/Prepared
- Cooking
- Baking
- Seasoning
- Tea

#### Planting & Growing

Jessica's Sweet Pear Mint will grow to be about 20 inches tall at maturity, with a spread of 24 inches. Its foliage tends to remain dense right to the ground, not requiring facer plants in front. Although it's not a true annual, this fast-growing plant can be expected to behave as an annual in our climate if left outdoors over the winter, usually needing replacement the following year. As such, gardeners should take into consideration that it will perform differently than it would in its native habitat.

This plant is quite ornamental as well as edible, and is as much at home in a landscape or flower garden as it is in a designated herb garden. It does best in full sun to partial shade. It does best in average to evenly moist conditions, but will not tolerate standing water. This plant should not require much in the way of fertilizing once established, although it may appreciate a shot of general-purpose fertilizer from time to time early in the growing season. It is not particular as to soil type or pH. It is highly tolerant of urban pollution and will even thrive in inner city environments. This particular variety is an interspecific hybrid. It can be propagated by division; however, as a cultivated variety, be aware that it may be subject to certain restrictions or prohibitions on propagation.



*Jessica's Sweet Pear Mint foliage*  
Photo courtesy of NetPS Plant Finder

# Wilson's Lifestyle Centre

303 Owen Manor  
Saskatoon, SK, S7V 0P1  
phone: 306-955-9580  
[www.wilsonslifestyle.ca](http://www.wilsonslifestyle.ca)

## Jessica's Sweet Pear Mint

---

Jessica's Sweet Pear Mint is a good choice for the edible garden, but it is also well-suited for use in outdoor pots and containers. Because of its spreading habit of growth, it is ideally suited for use as a 'spiller' in the 'spiller-thriller-filler' container combination; plant it near the edges where it can spill gracefully over the pot. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden.