Wilson's Lifestyle Centre

303 Owen Manor Saskatoon, SK, S7V 0P1 phone: 306-955-9580 www.wilsonslifestyle.ca

OutREDgeous Romaine Lettuce



OutREDgeous Romaine Lettuce Lactuca sativa var. longifolia 'OutREDgeous'

Height: 10 inches
Spread: 8 inches
Spacing: 8 inches
Sunlight: • •

Hardiness Zone: (annual)

Description:

Emerging green and fading to brilliant red, this variety is visually appealing as well as delicious; loose romaine heads of thick, slightly ruffled leaves are sweet and crisp; great for garden beds and containers; can harvest baby leaves or full heads

Edible Qualities

OutREDgeous Romaine Lettuce is an annual vegetable plant that is typically grown for its edible qualities. The crinkled oval dark red leaves with hints of coppery-bronze which emerge green in spring are usually harvested from early summer to early fall. The leaves have a sweet taste and a crunchy texture.

The leaves are most often used in the following ways:

- Fresh Eating
- Eating When Cooked/Prepared
- Cooking

Planting & Growing

OutREDgeous Romaine Lettuce will grow to be about 10 inches tall at maturity, with a spread of 8 inches. When planted in rows, individual plants should be spaced approximately 8 inches apart. This vegetable plant is an annual, which means that it will grow for one season in your garden and then die after producing a crop. Because of its relatively short time to maturity, it lends itself to a series of successive plantings each staggered by a week or two; this will prolong the effective harvest period.

This plant is typically grown in a designated vegetable garden. It does best in full sun to partial shade. It does best in average conditions that are neither too wet nor too dry, and is very intolerant of standing water. This plant should not require much in the way of fertilizing once established, although it may appreciate a shot of general-purpose fertilizer from time to time early in the growing season. It is not particular as to soil pH, but grows best in rich soils. It is quite intolerant of urban pollution, therefore inner city or urban streetside plantings are best avoided. This is a selection of a native North American species.; however, as a cultivated variety, be aware that it may be subject to certain restrictions or prohibitions on propagation.



OutREDgeous Romaine Lettuce fruit Photo courtesy of NetPS Plant Finder

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OutREDgeous Romaine Lettuce is a good choice for the vegetable garden, but it is also well-suited for use in outdoor pots and containers. It is often used as a 'filler' in the 'spiller-thriller-filler' container combination, providing a canvas of foliage against which the larger thriller plants stand out. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden.