Wilson's Lifestyle Centre

Sandy Lettuce

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Sandy Lettuce Lactuca sativa var. crispa 'Sandy'

Hardiness Zone: (annual)

Description:

Slow to bolt, this compact all season variety features large rosettes of deeply lobed, bright green leaves; harvest early for a tender and mild flavor that is perfect in salads and sandwiches; wonderful in patio containers and gardens; disease resistant

Edible Qualities

Sandy Lettuce is an annual vegetable plant that is typically grown for its edible qualities. The lobed green leaves are usually harvested from mid spring to early fall. The leaves have a mild taste and a crisp texture.

The leaves are most often used in the following ways:

- Fresh Eating
- Eating When Cooked/Prepared

Planting & Growing

Sandy Lettuce will grow to be about 12 inches tall at maturity, with a spread of 12 inches. When planted in rows, individual plants should be spaced approximately 10 inches apart. This vegetable plant is an annual, which means that it will grow for one season in your garden and then die after producing a crop. Because of its relatively short time to maturity, it lends itself to a series of successive plantings each staggered by a week or two; this will prolong the effective harvest period.

This plant is typically grown in a designated vegetable garden. It does best in full sun to partial shade. It does best in average conditions that are neither too wet nor too dry, and is very intolerant of standing water. This plant is a heavy feeder that requires frequent fertilizing throughout the growing season to perform at its best. It is not particular as to soil pH, but grows best in rich soils. It is quite intolerant of urban pollution, therefore inner city or urban streetside plantings are best avoided. This is a selected variety of a species not originally from North America.; however, as a cultivated variety, be aware that it may be subject to certain restrictions or prohibitions on propagation.

Sandy Lettuce is a good choice for the vegetable garden, but it is also well-suited for use in outdoor pots and containers. It is often used as a 'filler' in the 'spiller-thriller-filler' container combination, providing the canvas against which the thriller plants stand out. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden.



Sandy Lettuce foliage Photo courtesy of NetPS Plant Finder