Wilson's Lifestyle Centre

Vitaverde Cauliflower

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Vitaverde Cauliflower Brassica oleracea var. botrytis 'Vitaverde'

Height: 18 inches Spread: 18 inches Spacing: 18 inches

Sunlight: O

Hardiness Zone: (annual)

Description:

Early maturing lime green heads on large, upright plants are a superb addition to home and market gardens; mild and sweet flavor, terrific when roasted, grilled or eaten fresh with dips or salad; good for both warm and cool conditions; easy to grow



Vitaverde Cauliflower fruit Photo courtesy of NetPS Plant Finder

Edible Qualities

Vitaverde Cauliflower is an annual vegetable plant that is commonly grown for its edible qualities. The round green tightly-wrapped heads of foliage are typically harvested when mature. The heads have a pleasant taste and a crunchy texture.

The heads are most often used in the following ways:

- Fresh Eating
- Eating When Cooked/Prepared
- Cooking

Planting & Growing

Vitaverde Cauliflower will grow to be about 18 inches tall at maturity, with a spread of 18 inches. When planted in rows, individual plants should be spaced approximately 18 inches apart. This fast-growing vegetable plant is an annual, which means that it will grow for one season in your garden and then die after producing a crop.

This plant is typically grown in a designated vegetable garden. It should only be grown in full sunlight. It does best in average to evenly moist conditions, but will not tolerate standing water. This plant is a heavy feeder that requires frequent fertilizing throughout the growing season to perform at its best. It is not particular as to soil type or pH. It is somewhat tolerant of urban pollution. This is a selected variety of a species not originally from North America.