# Wilson's Lifestyle Centre

## **Spanish Thyme**

303 Owen Manor Saskatoon, SK, S7V 0P1 phone: 306-955-9580 www.wilsonslifestyle.ca



## Spanish Thyme Thymus nummularius

Plant Height: 6 inches
Flower Height: 8 inches

Spread: 24 inches Spacing: 20 inches

Sunlight: O

Hardiness Zone: 3a

Other Names: Italian Thyme

#### **Edible Qualities**

Spanish Thyme is a perennial herb that is typically grown for its edible qualities, although it does have ornamental merits as well. The tiny fragrant round dark green leaves can be harvested at any time in the season. The leaves have a savory taste and a pleasant fragrance.

The leaves are most often used in the following ways:

- Cooking
- Drying
- Seasoning

#### **Features & Attributes**

Spanish Thyme is smothered in stunning spikes of pink flowers rising above the foliage from mid to late summer. Its attractive tiny fragrant round leaves remain dark green in colour throughout the year.

This is a dense herbaceous evergreen perennial herb with a spreading, ground-hugging habit of growth. It brings an extremely fine and delicate texture to the garden composition and should be used to full effect. This plant will require occasional maintenance and upkeep, and is best cleaned up in early spring before it resumes active growth for the season. Deer don't particularly care for this plant and will usually leave it alone in favor of tastier treats. Gardeners should be aware of the following characteristic(s) that may warrant special consideration;

- Spreading



Spanish Thyme flowers
Photo courtesy of NetPS Plant Finder



Spanish Thyme
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### **Spanish Thyme**

Aside from its primary use as an edible, Spanish Thyme is sutiable for the following landscape applications;

- Border Edging
- General Garden Use
- Groundcover
- Herb Gardens

### **Planting & Growing**

Spanish Thyme will grow to be only 6 inches tall at maturity extending to 8 inches tall with the flowers, with a spread of 24 inches. When grown in masses or used as a bedding plant, individual plants should be spaced approximately 20 inches apart. Its foliage tends to remain low and dense right to the ground. It grows at a fast rate, and under ideal conditions can be expected to live for approximately 10 years. As an evegreen perennial, this plant will typically keep its form and foliage year-round.

This plant is quite ornamental as well as edible, and is as much at home in a landscape or flower garden as it is in a designated herb garden. It should only be grown in full sunlight. It prefers to grow in average to dry locations, and dislikes excessive moisture. It is considered to be drought-tolerant, and thus makes an ideal choice for a low-water garden or xeriscape application. It is not particular as to soil type or pH. It is highly tolerant of urban pollution and will even thrive in inner city environments. Consider covering it with a thick layer of mulch in winter to protect it in exposed locations or colder microclimates. This species is not originally from North America. It can be propagated by division.