## Wilson's Lifestyle Centre

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### **Sunshine Squash**



# Sunshine Squash Cucurbita maxima 'Sunshine'

Height: 24 inches

Spread: 8 feet

Sunlight: 

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Hardiness Zone: (annual)
Group/Class: Winter Squash

#### **Description:**

A vigorous short vine variety that is easy to grow and easy to harvest; produces squat and round squash with vibrant scarlet skin leading to bright orange flesh; sweet and nutty flavor with a smooth, creamy texture, perfect for baking, steamed or pies



Sunshine Squash fruit Photo courtesy of NetPS Plant Finder

#### **Edible Qualities**

Sunshine Squash is an annual vegetable plant that is typically grown for its edible qualities. It produces scarlet round fruit with orange flesh which are typically harvested when mature. The fruits have a sweet taste.

The fruit are most often used in the following ways:

- Cooking
- Baking
- Preserves
- Canning

#### **Planting & Growing**

Sunshine Squash will grow to be about 24 inches tall at maturity, with a spread of 8 feet. This vegetable plant is an annual, which means that it will grow for one season in your garden and then die after producing a crop.

This plant is typically grown in a designated vegetable garden. It should only be grown in full sunlight. It does best in average to evenly moist conditions, but will not tolerate standing water. It is not particular as to soil pH, but grows best in rich soils. It is somewhat tolerant of urban pollution. Consider applying a thick mulch around the root zone over the growing season to conserve soil moisture. This is a selected variety of a species not originally from North America.; however, as a cultivated variety, be aware that it may be subject to certain restrictions or prohibitions on propagation.