

## Atlantis Stem Broccoli



### Atlantis Stem Broccoli

*Brassica oleracea var. italica 'Atlantis'*

Height: 28 inches

Spread: 8 inches

Spacing: 24 inches

Sunlight:

Hardiness Zone: (annual)

### Description:

A beautiful cool weather addition to any garden; green leaves make way for an initial broccoli crown followed by the smaller, tender side shoots; remove central head to increase yield potential; sweet tender flavor, great for sautéing, salads and roasting

### Edible Qualities

Atlantis Stem Broccoli is an annual vegetable plant that is commonly grown for its edible qualities. It produces small dark green florets which are harvested from late summer to late fall. The florets have a pleasant taste and a crunchy texture.

The florets are most often used in the following ways:

- Fresh Eating
- Eating When Cooked/Prepared
- Cooking
- Baking
- Freezing

### Planting & Growing

Atlantis Stem Broccoli will grow to be about 28 inches tall at maturity, with a spread of 8 inches. When planted in rows, individual plants should be spaced approximately 24 inches apart. This vegetable plant is an annual, which means that it will grow for one season in your garden and then die after producing a crop.

This plant is typically grown in a designated vegetable garden. It should only be grown in full sunlight. It does best in average to evenly moist conditions, but will not tolerate standing water. It is not particular as to soil type or pH. It is somewhat tolerant of urban pollution. This is a selected variety of a species not originally from North America.



*Atlantis Stem Broccoli fruit*  
Photo courtesy of NetPS Plant Finder