# Wilson's Lifestyle Centre

### **Pineapple Ground Cherry**

303 Owen Manor Saskatoon, SK, S7V 0P1 phone: 306-955-9580 www.wilsonslifestyle.ca



Pineapple Ground Cherry Physalis pruinosa 'Pineapple'

Height: 18 inches

Spread: 3 feet

Spacing: 24 inches

Sunlight: O

Hardiness Zone: 5a

Other Names: Cossack Pineapple

#### **Description:**

A lovely high yielding variety perfect for containers, hanging baskets and gardens; produces gold, sweet and tangy fruit, enclosed in a paper husk; berries drop to the ground when ripe; wonderful for salsas, chutneys, sauces and baked goods



Pineapple Ground Cherry fruit Photo courtesy of NetPS Plant Finder

#### **Edible Qualities**

Pineapple Ground Cherry is a perennial vegetable plant that is commonly grown for its edible qualities. It produces small gold round fruit with a orange blush which are typically harvested when mature. The fruits have a tangy taste and a firm texture.

The fruit are most often used in the following ways:

- Fresh Eating
- Eating When Cooked/Prepared
- Baking
- Preserves
- Sauces

#### **Planting & Growing**

Pineapple Ground Cherry will grow to be about 18 inches tall at maturity, with a spread of 3 feet. When planted in rows, individual plants should be spaced approximately 24 inches apart. It grows at a fast rate, and under ideal conditions can be expected to live for approximately 5 years. As an herbaceous perennial, this plant will usually die back to the crown each winter, and will regrow from the base each spring. Be careful not to disturb the crown in late winter when it may not be readily seen!

This plant is typically grown in a designated vegetable garden. It should only be grown in full sunlight. It does best in average to evenly moist conditions, but will not tolerate standing water. It is not particular as to soil type or pH. It is highly tolerant of urban pollution and will even thrive in inner city environments. This is a selected variety of a species not originally from North America, and it is considered by many to be an heirloom variety.

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### **Pineapple Ground Cherry**

Pineapple Ground Cherry is a good choice for the vegetable garden, but it is also well-suited for use in outdoor containers and hanging baskets. It is often used as a 'filler' in the 'spiller-thriller-filler' container combination, providing the canvas against which the larger thriller plants stand out. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden. Be aware that in our climate, most plants cannot be expected to survive the winter if left in containers outdoors, and this plant is no exception. Contact our experts for more information on how to protect it over the winter months.