Wilson's Lifestyle Centre

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Tasty Red Cabbage



Tasty Red Cabbage Brassica oleracea var. capitata 'Tasty Red'

Height: 24 inches Spread: 12 inches

Sunlight: O

Hardiness Zone: (annual)

Description:

A beautiful variety that produces 5 lb heads of red smooth leaves; full bodied flavor that are great roasted, sauteed or in coleslaw; avoid allowing heads to crack causing bitterness; ideal for sunny gardens; prone to yellowing and tip burning



Tasty Red Cabbage Photo courtesy of NetPS Plant Finder

Edible Qualities

Tasty Red Cabbage is an annual vegetable plant that is commonly grown for its edible qualities. The round green tightly-wrapped heads of foliage are usually harvested from late summer to late fall. The heads have a pleasant taste.

The heads are most often used in the following ways:

- Fresh Eating
- Eating When Cooked/Prepared
- Cooking

Planting & Growing

Tasty Red Cabbage will grow to be about 24 inches tall at maturity, with a spread of 12 inches. This vegetable plant is an annual, which means that it will grow for one season in your garden and then die after producing a crop.

This plant is typically grown in a designated vegetable garden. It should only be grown in full sunlight. It does best in average to evenly moist conditions, but will not tolerate standing water. It is not particular as to soil type or pH. It is somewhat tolerant of urban pollution. Consider applying a thick mulch around the root zone over the growing season to conserve soil moisture. This is a selected variety of a species not originally from North America.