# Wilson's Lifestyle Centre

## **Nufar Basil**

303 Owen Manor Saskatoon, SK, S7V 0P1 phone: 306-955-9580 www.wilsonslifestyle.ca



# Nufar Basil Ocimum basilicum 'Nufar'

Height: 20 inches Spread: 18 inches Spacing: 16 inches

Sunlight: O

Hardiness Zone: (annual)

### **Description:**

A fusarium resistant variety that produces large leaves with a rich, sweet flavor, on full, bushy plants; will produce white flowers in summer; pinch flower stems to promote leaf growth; great for mixed containers, herb gardens, and annual beds

#### **Edible Qualities**

Nufar Basil is an annual herb that is typically grown for its edible qualities, although it does have ornamental merits as well. The fragrant oval green leaves are usually harvested from early summer to early fall. The leaves have a pleasant taste and a pleasant fragrance.

The leaves are most often used in the following ways:

- Fresh Eating
- Cooking
- Seasoning

### **Planting & Growing**

Nufar Basil will grow to be about 16 inches tall at maturity, with a spread of 18 inches. When grown in masses or used as a bedding plant, individual plants should be spaced approximately 16 inches apart. This fast-growing annual will normally live for one full growing season, needing replacement the following year.

This plant can be integrated into a landscape or flower garden by creative gardeners, but is usually grown in a designated herb garden. It should only be grown in full sunlight. It prefers to grow in average to moist conditions, and shouldn't be allowed to dry out. It is not particular as to soil type or pH. It is somewhat tolerant of urban pollution. This is a selected variety of a species not originally from North America. It can be propagated by cuttings; however, as a cultivated variety, be aware that it may be subject to certain restrictions or prohibitions on propagation.



Nufar Basil Photo courtesy of NetPS Plant Finder

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Nufar Basil is a good choice for the edible garden, but it is also well-suited for use in outdoor pots and containers. With its upright habit of growth, it is best suited for use as a 'thriller' in the 'spiller-thriller-filler' container combination; plant it near the center of the pot, surrounded by smaller plants and those that spill over the edges. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden.